

CLAIMS

What is claimed is:

1. A sheet, comprising:
 - (a) a nonwoven fabric of short high tensile
5 modulus fibers; and
 - (b) a thermoplastic polymer having a low
moisture absorption;
said sheet having an apparent density which is at
least about 75% of its calculated density.
- 10 2. The sheet as recited in claim 1 wherein said
apparent density is at least about 90% of its calculated
density.
3. The sheet as recited in claim 2 wherein at least
some of said high tensile modulus fiber is coated or
15 encapsulated by said thermoplastic polymer.
4. The sheet as recited in claim 3 wherein said
thermoplastic polymer is selected from the group
consisting of perfluoropolymers and liquid crystalline
polymers.
- 20 5. The sheet as recited in claim 4 wherein said
thermoplastic polymer is a liquid crystalline polymer.
6. The sheet as recited in claim 5 wherein said high
tensile modulus fibers are an aramid.
7. The sheet as recited in claim 6 wherein said
25 organic fibers are an aramid.
8. The sheet as recited in claim 4 wherein said high
tensile modulus fibers are an aramid.
9. The sheet as recited in claim 2 wherein said high
tensile modulus fibers are an aramid.
- 30 10. The sheet as recited in claim 1 wherein a
tensile modulus of said sheet and a thermal coefficient
of expansion of said sheet, in a machine direction of
said sheet is within about 20% of a tensile modulus of
said sheet and a thermal coefficient of expansion of said

sheet, respectively, in a transverse direction of said sheet.

11. The sheet as recited in claim 1 wherein said thermoplastic polymer absorbs no more than about 0.25
5 weight percent of moisture.

12. A laminate comprising:
the sheet of claim 1 and
at least one metal layer contacting one
surface of said sheets.

10 13. A circuit board comprising the sheet of claim 1.

14. A process for the production of a solid first sheet material, comprising the steps of
heating and applying pressure to:

(a) a multilayer sheet structure, comprising,
15 at least one layer containing a nonwoven fabric of short high tensile modulus fibers, and at least one other layer that comprises a thermoplastic polymer having a low moisture absorption;

to form a first sheet having an apparent density of
20 at least about 75% of its calculated density.

15. The process as recited in claim 13 wherein said apparent density is at least about 90% of said calculated density.